

# MONTHLY NEWSLETTER

FAMILY ENGAGEMENT



NOVEMBER & DECEMBER 2025



Can you believe this is our very last newsletter of 2025?! What a whirlwind of festive fun it's been! We kicked off the season with a wreath-making workshop that truly showcased everyone's creativity, followed by our Festive Fun after-school family event and a Christmas-themed Tots of Fun session for our weekly baby and toddler group. We also enjoyed a lively evening of Quizmas Cracker, where the parents' competitive spirit really came out! As we wrap up the year, I'd like to wish you a truly wonderful Christmas and a very happy New Year. Here's to even more family fun, laughter, and events in 2026!



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# WREATH MAKING



To kick-start the festive season, we hosted our adults-only wreath-making workshop. The morning was filled with creativity, lush foliage, festive treats, and the sound of classic Christmas tunes setting the mood. Everyone crafted something truly unique—check out the awesome wreaths that were made!





# WREATH MAKING CONTINUED



# 2 TOTS OF FUN!!

Our Christmas-themed Tots of Fun session brought plenty of festive cheer to our weekly baby and toddler group. The children decorated Christmas cupcakes, sang cheerful festive songs, went on a treasure hunt to find Santa, and even headed home with a chocolate coin. Lots of fun was had – and not just by the children!



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# FESTIVE FUN- 4.12.25

Our Family Festive Fun after-school event was full of Christmas cheer and creativity. Families enjoyed a variety of festive crafts, including making melting snowman biscuits and even creating snowmen out of toilet rolls, before heading into a lively snowball fight. It was a wonderful opportunity for families to spend quality time together while having lots of festive fun.



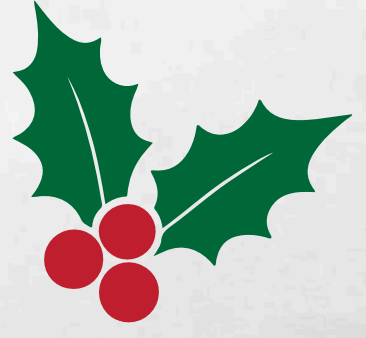
# MORE FESTIVE FUN



# SNOWMEN....



# FESTIVE FUN-9.12.25

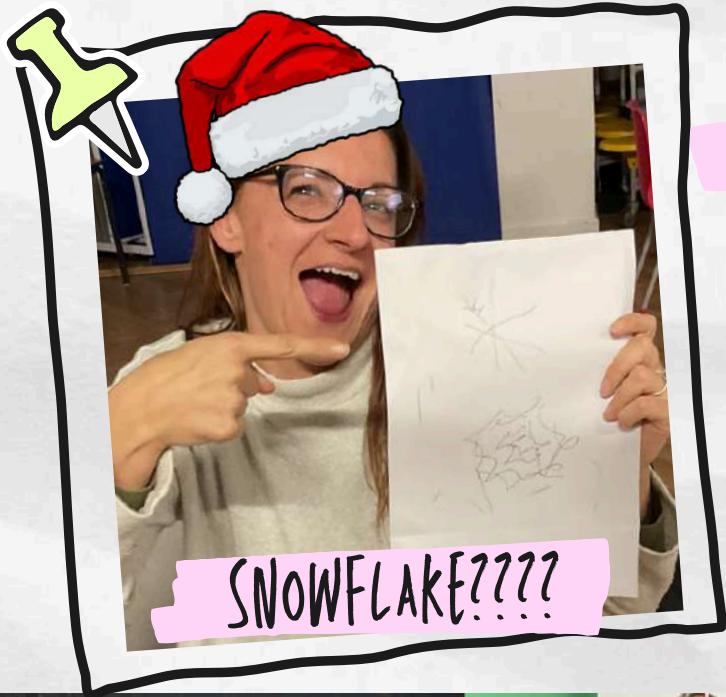


# MORE FESTIVE FUN



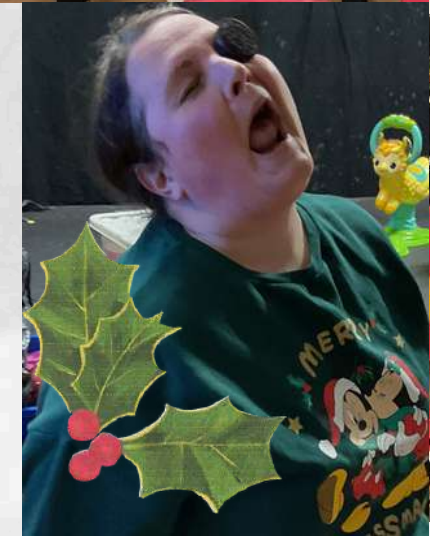
# SNOWMEN....





# 4 QUIZMAS CRACKER

Our Quizmas Cracker quiz night was a fantastic evening filled with great laughs, festive treats, prizes, and plenty of fun while putting everyone's Christmas knowledge to the test. Thank you to everyone who came along and helped make the night such a brilliant success!





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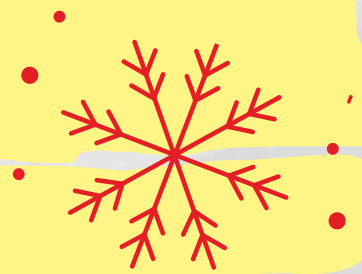
# CHRISTMAS EVENTS



Your ultimate guide to festive fun in Bridgend, click the link below:

- <https://www.visitbridgend.co.uk/be-inspired/christmas-in-bridgend-county-your-ultimate-guide-to-festive-fun-in-2025>
- **Christmas trail at Bryngarw** until Tuesday 23<sup>rd</sup> December. Click on the link below for more details.

<https://awenboxoffice.com/whats-on/elf-trail-brg/>



- **Porthcawl Christmas Morning Swim**

A bold, refreshing (and chilly!) way to kick off Christmas Day. Thousands gather on the beach, often in fancy dress, to plunge into the sea for charity and festive fun. With this year's theme being 'Swinging Sixties' - we can't wait to see the imaginative outfits swimmers show up in!

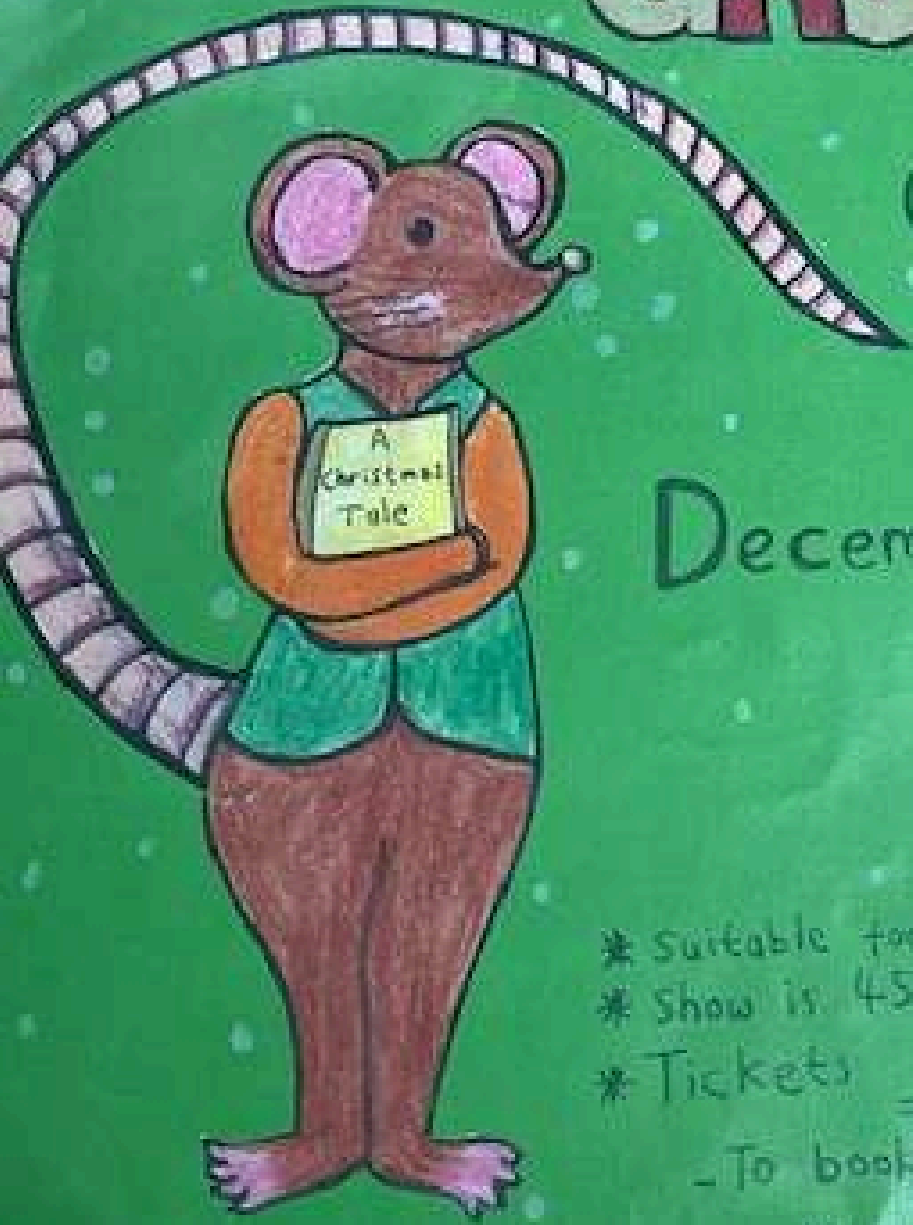


- **Bridgend Library:** Join us on Tuesdays, 3pm-5pm - no need to book, just bring yourselves and your imagination!  
Tuesday 23<sup>rd</sup> December @ 3:00 pm - 5:00 pm



Teepee Children's Theatre present

# The Roaming Gnome



@ Halo Leisure  
Centre Bridgend

December 22nd & 23rd  
4pm

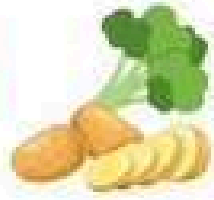
- \* Suitable for ages 2-12
- \* Show is 45 minutes
- \* Tickets £5 - CASH ON DOOR

- To book, call 01497 34438





# CHEAP CHRISTMAS VEG



## At Supermarkets in 2025

Courtesy of [ChristmasCountdown.uk](http://ChristmasCountdown.uk)

### LIDL - 5p

**Thurs 18th - Weds 24th Dec**

- Echalion Shallots (300g) - 5p
- British Swede (whole) - 5p
- British carrots (1kg) - 5p
- British White Potatoes (2kg) - 5p
- Parsnips (500g) - 5p
- Brussels Sprouts (500g) - 5p

### ALDI - 5p

**Thurs 18th - Weds 24th Dec**

- White Potatoes (2kg) - 5p
- Carrots (1kg) - 5p
- Parsnips (500g) 5p
- White Cabbage (each) - 5p
- Red Cabbage (each) - 5p
- Brussels Sprouts (500g) - 5p
- Swede (each) - 5p

### ASDA - 30p (or 5 for £1)

**Sat 20<sup>th</sup> - Weds 25<sup>th</sup> Dec**

- Carrots (1kg) - 30p
- Broccoli (Each) - 30p
- Swede (Each) - 30p
- Brussels Sprouts (500g) - 30p
- White Potatoes (2kg) - 30p

### MORRISONS - 5p

**Thurs 18th - Weds 24th Dec**

- British Carrots (1kg) - 5p
- British Parsnips (500g) - 5p
- British Sprouts (500g) - 5p
- Whole British Swede (each) - 5p

### SAINSBURYS - 15p

**Thurs 18th - Weds 24th Dec**

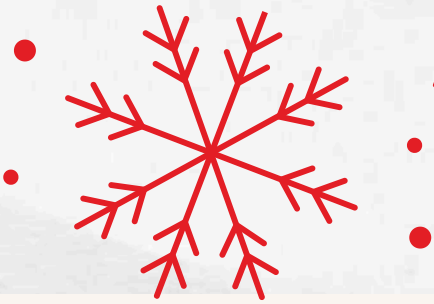
- Carrots (1kg) - 15p
- Parsnips (500g) - 15p
- White Potatoes (2kg) - 15p
- Swede (each) - 15p
- Red Cabbage (each) - 15p
- White Cabbage (each) - 15p
- Brussels Sprouts (500g) - 15p

### TESCO - 15p

**Thurs 18th - Weds 24th Dec**

- Tesco Potatoes (2kg) - 15p
- Tesco Carrots - 15p
- Parsnips (500g) 15p
- Brussels Sprouts (500g) - 15p
- Broccoli (Each) - 15p
- Swede (Each) - 15p
- Red Cabbage (Each) - 15p





# COPING AT CHRISTMAS

The Added Pressures of Christmas can be Tough, but it's Important to know there's always Someone you can Talk to...



Call 111 & select option 2 to speak to the NHS Mental Health Crisis Response Service 24/7

[Nhs.uk/mental-health](https://www.nhs.uk/mental-health)



Under 35s can Call 0800 068 4141, Text: 88247 or Email: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org) 24/7

[Papyrus-uk.org](https://www.papyrus-uk.org)



Call 116 123 to talk to Samaritans, or email: [jo@samaritans.org](mailto:jo@samaritans.org) for a reply within 24 hours

[Samaritans.org](https://www.samaritans.org)



Call MIND's Mental Health Helpline 9am to 6pm, Monday to Friday on 0300 102 1234

[Mind.org.uk](https://www.mind.org.uk)



Text "SHOUT" to 85258 to contact the Shout Crisis Text Line, or text "YM" if you're under 19

[Giveusashout.org](https://www.giveusashout.org)



Mental Health Forum & Chat for Men from 5pm - midnight every day Call or Whatsapp 0800 585858

[Thecalmzone.net](https://www.thecalmzone.net)

[ChristmasCountdown.uk](https://www.ChristmasCountdown.uk)



# 7 EATING OUT FOR FREE OR £1



## PLACES WHERE KIDS EAT FREE (OR FOR £1) CHRISTMAS 2025



[moneysavingcentral.co.uk/kids-eat-free](http://moneysavingcentral.co.uk/kids-eat-free)

### ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

### ASDA

Kids eat for £1 daily, with no adult spend

### ASK ITALIAN

Kids under 10 eat for £1 during school holidays

### BELLA ITALIA

Children eat free Sunday - Thursday

### BILLS

2 Kids Eat Free on Boxing day 2025

### BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with one paying adult

### CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

### COCONUT TREE

Kids eat FREE from Fri 19th Dec - Sun 6th Jan 2026

### DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

### FUTURE INNS

Under 5s eat for free with any adult meal

### GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

### IKEA

Kids get a meal from 95p daily from 11am

### LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

### MARSTONS PUBS

from 29th Dec - Jan 9th 2026 in selected locations

### MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

### MORRISONS

Kids Eat FREE all day, every day with a £5 spend

### PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

### PREMIER INN

2 kids eat for free with 1 adult breakfast

### PRETO

Kids up to age 10 eat free with 1 paying adult

### PUREZZA

Kids under 10 get free pizza with every adult meal

### SA BRAINS PUBS

Kids eat for £1 on Wednesdays

### SIZZLING PUBS

Kids eat for £1. Every Monday to Friday, 3 - 7pm

### TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

### TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

### THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

### TRAVELODGE

2 kids eat for free with 1 adult breakfast

### WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

### YO! SUSHI

Kids eat free all day (weekdays) in school holidays